

Walk the Shore for a Cure



Participant's Name: _____

Address: _____

Amount Enclosed: _____

*Print Sponsor's Name
& Donation Amount*

Name	Amount

Please make checks payable to:
Walk the Shore for a Cure
111 12th Avenue
Seaside Park, New Jersey 08752



Pledges Work!

Ask your friends, family and co-workers to contribute to the fight against cancer by pledging their dollars to support your participation in Walk the Shore for a Cure. Don't forget you can sponsor yourself! Please complete the form on the previous page and submit it with your pledge money. Pledges can be turned in with your registration or on race day!

Show your support and purchase a spot on the race course. For a \$50.00 donation you can honor a family member, close friend, or just show your support with a sign along the race path. Last chance to purchase signs will be August 21st. Mark your spot today!

For more information email us at walktheshoreforacure@yahoo.com.

Forms can be duplicated. All pledge money must be received by September 25, 2010.

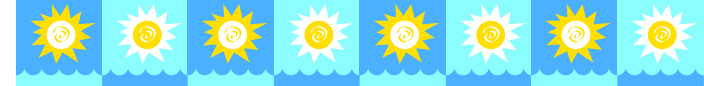


brochure design by

sarahlauren
design

10th annual
walk
THE SHORE FOR A
cure

NJ Certified 5K



all proceeds benefit
THE AMERICAN CANCER SOCIETY
and OCEAN OF LOVE

SUNDAY
SEPT
05
2010

www.walktheshoreforacure.com



**Labor Day Weekend at
The 13th Avenue Ballpark
Seaside Park, New Jersey**



**Walk the Shore for a Cure
5K Run/Walk**
NJ10014LMB

How to register:

Registration by mail:

Mail-in entries must be received by
September 1st, 2010.

Mail registration forms to:

111 12th Avenue
Seaside Park, NJ 08752

Registration online at:

www.active.com or
www.walktheshoreforcure.com

Registration in Person:

Registration will be available Saturday
September 4th, 2010 at the Seaside
Park Elementary School on 4th and
Central Avenue from 9 a.m. – 12 noon.

Pre-registration Entry Fee \$25

(Includes all registrations received prior
to Race Day)

**Sign-up is also available on Race Day
at The 13th Avenue Ballpark from
7:30 a.m. – 8:30 a.m.**

Race Day Registration Entry Fee \$30



Shirt and race number pick up:

Pick up is available on September 4th
during Pre-registration at the Seaside Park
Elementary School. Pick up is also
available on September 5th (Race Day)
from 7:30a.m. – 8:30a.m. at The 13th
Avenue Ballpark (Race Venue).

Race Date and Place:

Sunday, September 5th, 2010

13th Avenue

**between Barnegat & Bayview Avenues
Seaside Park, New Jersey**

Race Schedule:

September 4th, 2010

9 a.m. – 12 noon

Pre-registration and shirt pick up available
at Seaside Park Elementary School

September 5th, 2010 (Race Day)

7:30 a.m. – 8:30 a.m.

Registration and shirt pick up at 13th Ave
Kids Fun Run Registration

\$15 (same day registration only)

8:45 a.m. – Kids Fun Run begins

(Participants ages 4 – 11 years old)

All kids receive a t-shirt donated by

Guardian Title Agency of Ocean County

9:00 a.m. – 5K Run and Walk begin

Official timing by Baldarsi & Leestma

**Close of the race at 13th Avenue
Ballpark**

Refreshments, bagels & fruit, and awards



Course:

The **5K Run and Walk** starts on 13th
Avenue at 9 a.m. A map of the race
course is available at shirt pick-up and
registration.

Cancellation Policy:

This event will occur rain or shine. We
reserve the right to cancel in extreme
circumstances. In the event of a
cancellation there will be no refunds and
your entry fee will be used as a donation
to the American Cancer Society and
Oceans of Love.

Race Day Parking:

There is plenty of free parking available
along Barnegat Avenue, Bayview Avenue
and Central Avenue.

General Awards:

The first 400 registrants will receive a free
t-shirt. The first female and male in each
age group will receive an award.

The groups are as follows:

18 and under	19 – 29
30 – 39	40 – 49
50 – 59	60+



Walk the Shore for A Cure Registration Form

Please fill out form completely:

TEAM Name: _____

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Phone Number _____ Email: _____

Sex M _____ F _____

Shirt size: S _____ M _____ L _____ XL _____ XXL _____

Check one: _____

_____ 5K Run

_____ 5K Walk

Age _____

Make checks payable to: Walk the Shore for a Cure

Send entry forms to: 111 12th Avenue • Seaside Park, NJ 08752

Release

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to: falls, contact with other participants, the effect or weather, including low or high temperatures and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf waive and release the Walk the Shore for a Cure race, it's officers, coordinators and race volunteers, the Borough of Seaside Park and employees, and all sponsors, their representatives, employees, and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. Further, I grant to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature _____

Date _____

Parent or guardian (if under 18 yrs old)